

Annual Report 2023-24
of
BHAVISHYA - SAPNO KI UDAAN



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Preface

It is with great pride and a profound sense of purpose that I present the Annual Report of Bhavishya - Sapno Ki Udaan for the year 2023-24. This report resembles our journey during the assessment year that a period marked by transformative growth, dynamic programming and relentless commitment to empowering marginalized communities across Delhi, Bihar and Frankfurt, Germany.

Throughout the year 2023-24, we have expanded our portfolio of initiatives in education, women's empowerment, health and environmental conservation. Our STEM programs provided young minds with essential digital skills, fostering curiosity among girls and promoting accessible technology-driven learning. In the realm of women's empowerment, our efforts have been equally robust.

Our Women Skill Training and Skill Centre Project continued to build on last year's momentum, providing vocational training in tailoring and other skills, thereby enabling economic independence and entrepreneurial opportunities for rural women. Additionally, our Digital Skills and E-commerce Training workshop held in Frankfurt equipped women entrepreneurs with the tools to navigate the digital marketplace.

We have also placed a strong emphasis on promoting traditional arts and supporting artisans. Our online and offline workshops for traditional art in Germany, organized in collaboration with the Indian Consulate, have preserved our cultural heritage and also opened new avenues for cross-cultural exchange and economic empowerment.

Our commitment to community health was further demonstrated through our Health Camp initiatives across multiple locations in New Delhi. Environmental stewardship remained a cornerstone of our efforts this year. Through our Environmental Conservation Awareness Campaign and Community Plantation Drive, to promote sustainable practices, reduce carbon footprints and enhance green cover. Our participation in the Climate Change Awareness and Action Forum at the United Nations Office in Bonn underscored our commitment to global environmental dialogues and responsible consumption practices.

Our journey with achievements during 2023-24 has been made possible through the unwavering support of our donors, partners, volunteers and community members.

As we reflect on this report, I am deeply inspired by the impact we have made together and excited about the future. With a clear strategic direction, we are poised to scale our initiatives further and create an even more significant legacy of empowerment, resilience and sustainable development for future generations.



Sundaram Kumari

Founder

Bhavishya - Sapno Ki Udaan

2. Executive Summary

1. Preface

2. Executive Summary

3. Organizational Overview

- **Mission and Vision**
- **Operational Reach**

With strong operational presence in Delhi and Bihar, along with international outreach in Germany, our programs have successfully addressed educational barriers, financial challenges, healthcare gaps and environmental concerns.

4. Program Overview

4.1. Education Programme

4.2. Women Empowerment

4.3. Promotion of Artisans

4.4. Health

4.5. Environmental Conservation

4.6. Welfare of Old Aged Persons

4.7. Natural Resource Management

4.1 Education Programs

- STEM Mentorship Program for Girls was conducted online and in schools across Delhi and Bihar, offering guidance, career awareness and skill-building in STEM fields for over 200 girls.
- The STEM Learning Lab & Digital Library continued to operate at Kasturba Kanya Uchch Madhyamik Vidyalaya in Bihar, providing computer literacy, digital learning and library resources to young students.
- Girls' STEM Skill Building Workshops engaged students through coding, robotics and hands-on learning activities, creating long-term interest in technology-driven careers.
- STEM Career Awareness Campaign was conducted to encourage young girls to pursue higher education and careers in science, technology, engineering and mathematics.

4.2 Women Empowerment

- The Women, Health, Sanitation and Wellness Project educated over 200 women on hygiene, wellness and menstrual health, with distribution of essential wellness kits.
- The Women Skill Training and Skill Centre Project continued in East Champaran, Bihar, where women were trained in tailoring and self-employment, providing them with sustainable livelihood opportunities.

- Digital Skills and E-commerce Training for Women in Frankfurt, Germany provided business growth opportunities to 30 women entrepreneurs through digital marketing and e-commerce strategies.
- Access to Microfinance for Women Entrepreneurs assisted 18 women in obtaining loans and financial literacy training for business expansion.
- Vocational Training in Art and Crafts supported 30 women in learning traditional Madhubani painting, creating new opportunities for entrepreneurship and financial independence.
- Connecting Women Self-Help Groups to International Buyers helped local artisans access global markets in Germany and Europe, increasing their income and business reach.
- Women Entrepreneurship Seminar in Frankfurt was attended by 60+ women, guiding them on launching businesses in Germany and navigating international entrepreneurship.

4.3 Promotion of Artisans

- Traditional Art and Craft Workshops were conducted in Germany, in collaboration with the Indian Consulate, preserving Indian cultural heritage while supporting artisan empowerment.

4.4 Health Initiatives

- Health Camps in Saray Chaupal and Chatariwala Park provided free medical check-ups, preventive screenings and wellness consultations to over 500 beneficiaries in Delhi.
- Medicines and nutraceutical products were donated by local medical stores to support the initiative.

4.5 Environmental Conservation

- Environmental Conservation Awareness Campaign was conducted in Delhi and Frankfurt, educating communities on sustainable practices, responsible consumption and waste management.
- Community Plantation Drive encouraged citizens to participate in urban greening efforts, tree planting and environmental restoration.

4.6 Welfare of Old Aged Persons

- Elderly Health and Wellness Day in New Delhi provided free medical consultations, fitness programs and mental wellness sessions for 300 senior citizens.
- Senior Citizens' Health Screening and Awareness Campaign, co-organized with Kimhans Foundation, provided medical check-ups and distributed 20 hearing aids and 20 spectacles to elderly individuals in need.
- Senior Citizens' Community Support and Engagement Program fostered social interaction and community involvement for over 100 elderly individuals, reducing social isolation and improving well-being.

4.7 Natural Resource Management & Rural Development

- Farmer's Rights and Welfare Workshop trained 250 farmers on sustainable agricultural practices, organic farming, water conservation and Government schemes.
- Farmers' Financial Literacy and Credit Access Program provided financial management training and facilitated access to microloans and crop insurance for farmers.

5. Partnerships and Collaborations

Bhavishya - Sapno Ki Udaan's success has been strengthened through valuable partnerships with corporate sponsors, local organizations and international collaborators, including:

- Vyomini Social Enterprise, supporting women's health and wellness programs.
- Indian Consulate in Germany, assisting in traditional art and cultural promotion programs.
- Individual donors from Germany, providing computers for digital education initiatives.
- Local medical stores in New Delhi, donating medicines for free distribution in health camps.
- Kimhans Foundation, co-organizing senior citizen healthcare programs.
- Government agencies and social enterprises, facilitating program execution and outreach.

6. Challenges and Lessons Learned

During the year, Bhavishya faced multiple challenges that shaped our approach towards future improvements:

- Infrastructure limitations affected the expansion of digital learning programs, especially in rural areas.
- Limited financial resources made scaling entrepreneurship and vocational programs difficult.
- Engaging marginalized communities required enhanced communication and grassroots involvement.

7. Future Vision and Strategic Direction

Moving forward, Bhavishya - Sapno Ki Udaan is committed to scaling its impact and expanding programs for greater sustainability and outreach. Strategic priorities include:

- Expanding Digital Literacy & STEM Programs, ensuring access to quality education for more young girls.
- Enhancing Vocational Training, introducing new skill-based courses in textile work, handicrafts and financial management.
- Strengthening Healthcare Access, increasing free health camps, wellness programs and mobile health services.
- Boosting Entrepreneurship & Microfinance Initiatives, establishing incubation centers for women-led businesses.
- Advancing Environmental Conservation, promoting climate action, waste management and tree plantation drives.
- Developing Farmer Support Initiatives, expanding training in smart agriculture techniques and financial literacy.
- Strengthening Support for Senior Citizens, enhancing elderly wellness programs and community participation activities.

8. Acknowledgements

Bhavishya - Sapno Ki Udaan extends heartfelt gratitude to our:

- Donors and Sponsors, whose financial contributions have been instrumental.
- Partners and Collaborators, for supporting program implementation.
- Volunteers and Community Members, whose dedication and participation make our initiatives successful.
- Beneficiaries, who continue to inspire us with their resilience and determination.

Together, we are building a future of education, empowerment and sustainable progress for generations to come.

2. Profile of Bhavishya - Sapno Ki Udaan

Bhavishya - Sapno Ki Udaan is a registered national level Non-Governmental Organization as Trust established in 2015 with a resolute commitment to fostering total community development. Born from a grassroots initiative, Bhavishya has evolved into a dynamic force dedicated to improving the socio-economic status of underprivileged and disadvantaged groups. We focus on uplifting marginalized communities especially women, children, youth and the elderly by addressing necessary needs in education, healthcare, vocational training and environmental conservation.

Our Journey and Evolution

Our story began with the aim to bridge the deep socio-economic gaps that limit opportunities for many in our society. Over the years, we have grown from a small community initiative into an organization that now spans multiple regions in India, including Delhi and Bihar and extends its outreach internationally at Frankfurt, Germany. This evolution is evidence to our unwavering dedication and the robust partnerships we have forged with local and international stakeholders.

Vision

Bhavishya - Sapno Ki Udaan envisions a future where every child, particularly young girls, has access to quality education, enabling them to become leaders, innovators and change makers. Aspires to create a world where women are economically independent, empowered with skills and equipped with entrepreneurial abilities to build sustainable livelihoods. Strives to create a future filled with opportunities, equality and growth, ensuring a more empowered and progressive society by fostering an inclusive ecosystem of education, skill development and social empowerment.

Mission

Transforming lives through exceptional education that ignites curiosity, fosters innovation and builds a solid foundation for future career success; our mission is to empower every

child, with a special focus on young girls from disadvantaged backgrounds. Create a future where education fuels aspirations, skills drive growth and individuals shape an inclusive, prosperous society through equitable opportunities for academic excellence and professional development.

Our commitment extends to empowering women through practical vocational training and entrepreneurship development programs that pave the way for sustainable livelihoods and economic independence. Cultivate a culture of continuous learning, resilience and self-reliance so that education unlocks boundless potential, skills drive dynamic progress and empowered individuals inspire lasting social and economic transformation.

Core Values

- **Networking:** We believe that building strong, collaborative relationships with community members, partner organizations and stakeholders multiplies our impact.
- **Transparency:** We are committed to clarity and accountability in all our operations, ensuring that every initiative is carried out with the highest level of integrity.
- **Mutual Respect:** We honor the diversity of our communities and promote an environment where every voice is heard, fostering inclusivity and shared progress.

Areas of Focus and Operational Sectors

Our programs and initiatives are designed around key areas of community development:

- **Education:**

We enhance educational opportunities by establishing digital learning centres, community libraries and hands-on workshops that equip children and adults with the knowledge and skills needed to thrive in a modern world.

- **Women Empowerment:**

We work to uplift women by providing access to education, skill training and financial resources. Our programs aim to foster economic independence and social inclusion, enabling women to become active agents of change.

- **Health and Sanitation:**

Our initiatives include comprehensive health camps, sanitation projects and wellness programs aimed at improving public health and nutritional standards in underserved communities.

- **Environmental Sustainability:**

We advocate for sustainable development by promoting eco-friendly practices, organizing environmental conservation campaigns and engaging communities in tree planting and climate action.

- **Rural Development and Community Sanitation:**

Focused on bridging the urban-rural divide, our projects support infrastructure development, non-formal education and initiatives to improve basic rights and community sanitation in rural areas.

Geographical Footprint

Bhavishya - Sapno Ki Udaan's operational presence is wide-ranging:

- **Delhi:**
In the national capital, we target urban slums and marginalized neighborhoods, delivering programs that enhance healthcare, education and vocational skills.
- **Bihar:**
Our rural projects in Bihar are designed to uplift communities by improving infrastructure, offering skill development and promoting sustainable agricultural practices.
- **Frankfurt, Germany:**

Our international outreach in Frankfurt focuses on cultural promotion and women's entrepreneurship, creating cross-cultural linkages that empower local artisans and support economic growth.

Our Commitment to Impact

Every initiative we launch is based in our commitment to sustainable, community-led development. Whether it's establishing digital learning labs, organizing health camps that provide free medical care or empowering women with vocational skills and financial resources, Bhavishya - Sapno Ki Udaan is dedicated to creating lasting, measurable impact. Our efforts are driven by the belief that empowering marginalized communities is the key to building a resilient and equitable society.

Bhavishya : Sapno Ki Udaan stands as the positive change maker and catalyst, a dedicated partner in the journey towards sustainable development, community empowerment and the preservation of India's rich cultural heritage. We continue to strive for innovative solutions that address immediate needs but and the groundwork for a self-sustaining future.

Profile of the Founder – Sundaram Kumari

Sundaram Kumari is a visionary leader and social entrepreneur with over 16 years of extensive experience in technology and digital transformation. Her distinguished career spans roles as a Software Developer, Technical Business Analyst, Product Owner and Digital Transformation Leader, having delivered innovative solutions for leading organizations across India and Europe. Her deep technical expertise is complemented by strong business acumen, enabling her to effectively bridge the gap between modern technology and traditional community development.

Life Journey and Inspiration

Sundaram's life journey is as inspiring as it is transformative. Early in her career, while traveling across India, she encountered the exquisite artistry of traditional Indian handicrafts. This exposure not only revealed the deep cultural significance of these art forms but also highlighted their untapped economic potential. Captivated by the intricate craftsmanship and rich heritage, she recognized the transformative power of integrating modern technology with age-old traditions. This remarkable experience ignited her passion for using digital innovation to empower marginalized communities and preserve India's cultural legacy.

Commitment to Community Development

Sundaram Kumari is driven by a profound desire to create lasting social impact, so she founded Bhavishya - Sapno Ki Udaan. Her commitment to community development is rooted in the belief that sustainable progress is achieved when communities are actively involved in their own empowerment. She has dedicated herself to creating opportunities for education, vocational training and entrepreneurship by focusing on the most vulnerable including women, children and youth in urban slums and rural areas. Bhavishya harnesses technology and innovative methods under her leadership, to transform traditional handicrafts into viable economic opportunities, enabling artisans to secure a dignified livelihood.

Vision for Empowerment

Sundaram envisions a future where traditional artisans are celebrated and empowered through modern channels and where marginalized communities thrive through self-reliance and sustainable development. Her strategic approach is to bridge the gap between cutting-edge digital transformation and indigenous skills. This vision is reflected in every initiative of Bhavishya - Sapno Ki Udaan, as she works tirelessly to preserve cultural heritage while laying the foundation for a self-sustaining future.

Professional and Business Expertise

In addition to her social endeavors, Sundaram Kumari has excelled in high-pressure corporate environments. Her experience in process optimization, regulatory compliance automation and agile project management at renowned organizations like Crédit Agricole CIB showcases her ability to drive efficiency and innovation. As an entrepreneur, she successfully founded and led a digitalization and web development consultancy and co-founded a startup for Germany. These ventures have equipped her with the skills to merge technical innovation with strategic business management, ensuring that technology acts as a catalyst for social change.

Key Skills and Achievements

Sundaram's career is marked by a commitment to excellence and a passion for social impact. Her proficiency in Business Intelligence, SAP BusinessObjects, SaaS and software development has been instrumental in her success. She is adept in delivery management, agile methodologies and requirements engineering skills that have empowered her to implement transformative digital solutions. Above all, her relentless drive to empower women and marginalized communities through skill development and entrepreneurship continues to inspire and lead Bhavishya - Sapno Ki Udaan toward creating a lasting, sustainable change.

Sundaram Kumari's leadership is exemplification of the power of combining modern technology with traditional wisdom. Through her vision and dedication, Bhavishya - Sapno Ki Udaan stands as motivating force and progress, transforming lives and paving the way for a more inclusive, empowered society.



4. Program Reports

In 2023-24, Bhavishya - Sapno Ki Udaan implemented a range of impactful programs focused on education, women empowerment, healthcare, environmental conservation, artisan promotion, elderly welfare and natural resource management. The organization advanced STEM education for girls, provided skill training and financial access for women entrepreneurs and connected artisans to global markets. Health camps and senior citizen support initiatives promoted well-being, while environmental campaigns and farmer empowerment programs fostered sustainability. Through these initiatives, Bhavishya - Sapno Ki Udaan continued its mission to create positive and lasting social change.

4.1 Education Programme

- A. STEM Mentorship Program for Girls
- B. STEM Learning Lab – Digital Learning Centre & Library
- C. Girls' STEM Skill Building Workshops
- D. STEM Career Awareness Campaign

4.2 Women Empowerment

- A. Women, Health, Sanitation and Wellness Project
- B. Women Skill Training and Skill Centre Project
- C. Digital Skills and E-commerce Training for Women
- D. Access to Microfinance for Women Entrepreneurs
- E. Vocational Training in Art and Crafts
- F. Connecting Women Self-Help Groups to International Buyers
- G. Women Entrepreneurship – Start Your Business Seminar

4.3 Promotion of Artisans

- A. Online & Offline Workshops for Traditional Art in Germany

4.4 Health

- A. Health Camp at Saray Chaupal, New Delhi
- B. Health Camp at Chatariwal Park, New Delhi

4.5 Environmental Conservation

- A. Environmental Conservation Awareness Campaign
- B. Community Plantation Drive

4.6 Welfare of Old Aged Persons

- A. Elderly Health and Wellness Day
- B. Senior Citizens' Health Screening and Awareness Campaign
- C. Senior Citizens' Community Support and Engagement

4.7 Natural Resource Management

- A. Farmer's Rights & Welfare Workshop
- B. Farmers' Financial Literacy and Credit Access

4.1. Education Programme

Education has remained a cornerstone of Bhavishya - Sapno Ki Udaan's mission, with a dedicated focus on empowering young girls by providing them access to STEM (Science, Technology, Engineering and Mathematics) education. The organization has worked relentlessly to bridge the gender gap in STEM fields by offering mentorship, skill-building workshops, digital learning facilities and career awareness initiatives.

During the 2023-24 fiscal year, Bhavishya - Sapno Ki Udaan's Education Programme significantly enhanced STEM learning opportunities for young girls. These initiatives will empower the next generation of young women, equipping them with skills, knowledge and confidence to pursue successful careers in science, technology, engineering and mathematics.

The key programs under the Education Programme conducted during the year:

- A. STEM Mentorship Program for Girls**
- B. STEM Learning Lab – Digital Learning Centre & Library**
- C. Girls’ STEM Skill Building Workshops**
- D. STEM Career Awareness Campaign**

A. STEM Mentorship Program for Girls

Throughout the year, Bhavishya - Sapno Ki Udaan conducted the STEM Mentorship Program for Girls as an online initiative, with active participation from schools in Delhi and Bihar. This program aimed to inspire and guide young girls toward careers in Science, Technology, Engineering and Mathematics (STEM) by connecting them with professional women mentors from STEM fields across Germany and India

Activities

- Over the course of twelve months, young girls were paired with female professionals working in STEM industries in Germany and India to provide continuous guidance and motivation.
- Virtual mentorship sessions were conducted every month, offering career guidance, technical training and personal development discussions.
- Sessions included topics such as coding, robotics, scientific research, engineering principles and career planning strategies to build a strong STEM foundation.
- Hands-on project-based learning was integrated into the program, helping girls develop problem-solving and analytical skills.
- The program featured Question and Answer sessions with industry leaders, allowing students to seek guidance directly from professionals.

Target Group

- Girls aged 12-18 years from marginalized and underserved communities.
- Students from Government schools in Delhi and Bihar.

Impact

- More than 200 girls participated in the program throughout the year.
- Increased awareness and interest in STEM careers, leading to greater confidence and ambition among participants.
- Stronger mentor-mentee relationships, fostering long-term support and career development.
- Encouraged logical reasoning, decisive thinking and a scientific approach to problem-solving.

B. STEM Learning Lab – Digital Learning Centre & Library

On April 15, 2023, Bhavishya - Sapno Ki Udaan successfully set up a STEM Learning Lab and Digital Library at Kasturba Kanya Uchch Madhyamik Vidyalaya in Bhitiharwa, Bihar. This initiative was designed to enhance digital literacy and provide educational resources for girls in rural areas, ensuring equal access to quality learning materials and technology-driven education.

Activities

- A fully equipped STEM Learning Lab was established with computers, digital learning software and interactive educational platforms to support technology-based learning.
- A structured computer training program was launched, teaching basic programming, digital literacy and computing fundamentals to students.
- A community library was integrated within the learning center, offering STEM books, research journals and digital study materials.
- Students participated in demonstration sessions, allowing them to explore online learning platforms, self-paced courses and digital research tools.
- Collaborative STEM projects were introduced, enabling students to apply scientific concepts to real-world challenges.

Impact

- Over 250 students benefited from the STEM Learning Lab during the academic year.
- Significant improvements in digital literacy, research skills and computer proficiency.
- Greater accessibility to online educational resources, allowing students to supplement their school curriculum.
- The initiative helped bridge the digital divide in rural Bihar, creating a sustainable and technology-driven learning environment.

C. Girls' STEM Skill Building Workshops

From August 6 to 8 August, 2023, Bhavishya - Sapno Ki Udaan organized a three-day STEM Skill Building Workshop at the Community Centre in Jahangirpuri, New Delhi. This workshop aimed to provide hands-on training in STEM disciplines, helping young girls develop coding, robotics, engineering and mathematical skills.

Activities

- Collaborating with MCD schools in Azadpur, New Delhi, the organization hosted a practical STEM learning program for schoolgirls.
- Girls received introductory coding lessons, focusing on interactive programming tools and basic algorithm design.



- Robotics training involved assembling and programming robotic models, offering hands-on experience with engineering concepts.
- Practical applications of mathematics and physics were explored, encouraging students to use analytical thinking and logical reasoning.
- The workshop featured interactive Q&A sessions with scientists and STEM professionals, providing inspiration and career insights.

Target Group

- Girls aged 12-18 years from economically weaker sections of New Delhi.
- School students interested in STEM-related subjects and careers.

Impact

- Around 50 girls actively participated in the workshop, acquiring practical STEM skills.
- Improved problem-solving, analytical and computational thinking abilities.
- Increased enthusiasm for STEM subjects and greater engagement in science-based school programs.
- Provided early exposure to engineering and coding, helping students develop future career aspirations in STEM fields.

D. STEM Career Awareness Campaign

Throughout the year, Bhavishya - Sapno Ki Udaan conducted a series of STEM Career Awareness Sessions across schools and community centers in Delhi and Bihar. The campaign was launched to generate interest in STEM careers, particularly for young girls from underserved communities and to bridge the knowledge gap about career opportunities in science and technology.

Activities

- Career awareness sessions were held in government schools and community centers, where students learned about career options in STEM fields.
- Invited guest speakers included female scientists, engineers and IT professionals, who shared insights into their career journeys.
- Success stories of women leaders in STEM were highlighted, encouraging students to consider higher education in science and technology.
- Information about STEM scholarships, college admissions and career pathways was provided, helping students plan for future academic pursuits.
- Interactive discussions and career-planning exercises engaged students and helped clarify their doubts about STEM education and employment.

Impact

- Over 150 girls attended STEM career awareness sessions across Delhi and Bihar.
- Increased interest in science and mathematics education, leading to higher school enrollments in STEM-related subjects.
- Provided students with clear guidance on scholarships, career options and higher education opportunities.
- Helped gain parental support for girls pursuing STEM careers, leading to greater family encouragement toward higher education.

4.2 Women Empowerment

Women empowerment is one of the fundamental programs of Bhavishya - Sapno Ki Udaan's mission. Bhavishya is dedicated to creating opportunities for women from marginalized communities to achieve economic independence, social well-being and self-reliance. Through targeted skill development programs, health awareness initiatives, financial literacy training and international market linkages, Bhavishya ensures that women have the necessary resources and support to build sustainable livelihoods.

During 2023-24, multiple women-focused initiatives were undertaken to provide skill training, digital literacy, entrepreneurship support and access to healthcare. These programs enabled women to gain vocational expertise, improve their financial stability and contribute meaningfully to their communities.

The key activities under the Women Empowerment Program are:

- A. Women, Health, Sanitation and Wellness Project**
- B. Women Skill Training and Skill Centre Project**
- C. Digital Skills and E-commerce Training for Women**
- D. Access to Microfinance for Women Entrepreneurs**
- E. Vocational Training in Art and Crafts**
- F. Connecting Women Self-Help Groups to International Buyers**
- G. Women Entrepreneurship – Start Your Business Seminar**

A. Women, Health, Sanitation and Wellness Project

In an effort to promote health awareness and improve sanitation practices among women in marginalized communities, Bhavishya - Sapno Ki Udaan organized the Women, Health, Sanitation and Wellness Project on 17 July, 2023. The initiative took place at Hindu Sharnarhi Camp near Majlis Park and Seva Basti, Jahangirpuri, New Delhi, targeting refugee women who lack access to essential hygiene resources and health awareness programs.

Objective

This project is to address key health challenges faced by women, particularly focusing on menstrual hygiene, sanitation and general well-being. The aim was to empower women with knowledge about personal hygiene, preventive healthcare and post-pandemic wellness strategies, ensuring they can maintain a healthier lifestyle.

Activities

1. Health Awareness and Hygiene Workshops:

- A series of interactive workshops were conducted where healthcare professionals educated women on menstrual hygiene management, sanitation best practices and nutrition.
- Women were given practical demonstrations on how to maintain hygiene using cost-effective methods and locally available resources.

2. Distribution of Wellness Kits

- More than 200 women were provided with hygiene kits containing essential products such as biodegradable sanitary napkins, soap, hand sanitizers and multivitamin tablets.
- The sanitary napkins were sourced from social enterprises supporting sustainable menstrual hygiene solutions.
- Women were also educated on the importance of maintaining hygiene during menstruation and ways to manage health concerns effectively.

3. Community Engagement and Support:

- Open discussions were encouraged where women could voice their health concerns and receive guidance from medical professionals.
- The project also identified local women leaders who were trained to further spread awareness and support others in their community.
- Through interactive Question and Answer sessions, common misconceptions regarding menstrual hygiene, nutrition and sanitation were addressed.

Impact:

- **Increased Awareness:** More than 200 women gained valuable insights into personal hygiene, preventive healthcare and nutrition, leading to improved health practices within the community.
- **Access to Essential Resources:** The distribution of wellness kits ensured that women had access to basic hygiene products, reducing health risks associated with poor sanitation.
- **Long-Term Behavioral Change:** Through continuous learning and engagement, the project helped establish sustainable hygiene habits among the participants.
- **Community Empowerment:** By involving local women leaders in spreading awareness, the initiative ensured continued efforts to promote health and wellness in the community beyond the scope of the workshop.



B. Women Skill Training and Skill Centre Project

Bhavishya - Sapno Ki Udaan has remained dedicated to fostering economic self-reliance among women through skill development initiatives. The Women Skill Training and Skill Centre, established in the financial year 2022-23, continued its operations during 2023-24, offering structured vocational training programs to women from marginalized and economically weaker communities. The primary objective of this initiative was to empower women with essential skills, enabling them to generate sustainable livelihoods and achieve financial independence.

The training sessions were conducted in two phases at Bhavishya Skill Centre, located in Lakhani Pur, Paharpur, East Champaran, Bihar. The first phase of the program ran from 17 April to 16 May, 2023, followed by the second phase from 16 August to 15 September, 2023. The program was designed to provide hands-on training in tailoring, equipping women with the necessary skills to pursue self-employment or small-scale business ventures.

Objective

The primary focus of this program was to:

- Equip women with vocational skills that promote financial independence and self-reliance.
- Provide opportunities for women to engage in income-generating activities.
- Support entrepreneurial efforts by creating a skilled workforce capable of running home-based or small-scale businesses.
- Establish a strong foundation for women's economic empowerment by offering practical training in tailoring.

Activities

- **Skill Training Sessions:** Women were provided structured training in tailoring, including stitching, cutting, designing and working with different fabrics.
- **Business Development Guidance:** Trainees received insights into setting up small-scale tailoring units and managing orders.
- **Machine Handling and Maintenance:** Women were taught the maintenance of tailoring machines to ensure long-term usability.
- **Resource Support:** Bhavishya received sewing machines as a kind donation from individual supporters in Delhi to aid the training process.
- **Practical Work Assignments:** Participants practiced tailoring work to enhance their expertise and confidence.
- **Community Engagement:** Women were encouraged to form peer networks for collaboration and future business opportunities.

Impact

- A total of 45 women, along with their family members, benefited from the training program over both sessions.
- Many participants successfully acquired tailoring skills, enabling them to start home-based tailoring businesses.
- The initiative contributed to increased self-reliance and financial independence, allowing women to support their families.
- Strengthened the economic capacity of rural women, leading to improved livelihoods and empowerment within their communities.



C. Digital Skills and E-Commerce Training for Women

Bhavishya - Sapno Ki Udaan participated in a training program on digital skills and e-commerce to support women entrepreneurs in expanding their businesses through online platforms. The session was conducted on 30 June, 2023, in Frankfurt, Germany and focused on helping migrant women gain practical knowledge of online business management, digital marketing and customer acquisition. The objective was to equip participants with the necessary tools to establish and grow their businesses in the digital space.

The training targeted women who had small businesses but lacked knowledge of online platforms, as well as those looking to transition from traditional retail to e-commerce. Participants were introduced to key concepts in digital branding, social media marketing and online customer engagement.

Objective

- Provide women entrepreneurs with practical knowledge of digital marketing and e-commerce.
- Enable participants to create and manage their own online businesses.
- Train women in social media marketing strategies to expand their customer base.
- Teach methods for customer acquisition and retention in digital business.
- Introduce financial literacy related to digital transactions and online payments.

Activities

- Workshop on setting up an e-commerce business, including website development and product listing.
- Training on social media marketing, covering content creation, branding and customer engagement.
- Interactive discussions on digital advertising and influencer marketing.
- Guidance on safe online transactions, payment gateways and financial planning for small businesses.

Target Group

- Migrant women entrepreneurs in Frankfurt, Germany, looking to expand or establish their businesses online.
- Women who own small businesses and want to increase sales through digital platforms.
- Aspiring entrepreneurs seeking knowledge about digital branding and online business strategies.

Impact

- Thirty women participated in the training and gained confidence in using digital tools for their businesses.
- Several participants created their own online stores and began selling their products digitally.

- The training enhanced awareness of digital marketing techniques, helping women attract and retain customers.
- Many women reported an increase in business opportunities due to improved online presence and branding.
- The program encouraged financial independence, empowering participants to scale their businesses beyond local markets.

This training proved to be a valuable initiative in helping women adapt to the growing digital economy. By equipping them with the necessary skills, Bhavishya - Sapno Ki Udaan enabled them to explore new opportunities in e-commerce and establish sustainable online businesses.

D. Access to Microfinance for Women Entrepreneurs

Bhavishya - Sapno Ki Udaan conducted a microfinance initiative on 17 September, 2023, at Bhavishya Skill Centre in Lakhani Pur, East Champaran, Bihar. The program was planned, prepared and implemented to support women entrepreneurs by providing them with access to affordable credit and financial resources to help them start or expand their businesses. The initiative aimed to bridge the financial gap through recognizing the challenges that rural women face in securing loans, by helping them create self-sustaining financial networks and connect with banking institutions.

The program primarily focused on forming Self-Help Groups (SHGs) to establish a credit pool, which enabled women to gain financial independence. Financial literacy training sessions were conducted to ensure that the participants could effectively manage their loans and grow their businesses in a sustainable manner.

Objective

- Provide women entrepreneurs with access to microfinance opportunities to support business growth.
- Assist in forming self-help groups to create collective financial resources.
- Connect women with banks and financial institutions to secure small business loans.
- Educate participants on financial management and sustainable business practices.

Activities

- Facilitated the formation of Self-Help Groups for women entrepreneurs to build a collective credit pool.
- Conducted financial literacy workshops to educate participants on money management, savings and loan repayment strategies.
- Organized interactive sessions on entrepreneurship, investment planning and sustainable financial practices.

- Guided participants on using financial services effectively, including digital banking, savings accounts and loan repayment plans.

Target Group

- Women entrepreneurs in rural areas of East Champaran, Bihar, seeking financial assistance to start or grow their businesses.
- Members of Self-Help Groups interested in accessing small loans and financial services.
- Women looking to gain entrepreneurial skills to sustain their ventures.

Impact

- Eighteen women successfully accessed microfinance, enabling them to expand their businesses.
- Women gained financial knowledge, helping them make informed decisions about savings, investments and loan management.

E. Vocational Training in Art and Crafts

Bhavishya - Sapno Ki Udaan organized a vocational training program focused on traditional Madhubani painting from 15 to 22 August, 2023, at Gandhi Ashram Bhithiharwa. This initiative aimed to provide skill development opportunities to women, enabling them to achieve self-reliance and entrepreneurial growth through the art of Madhubani painting. The training was conducted by a skilled traditional artist, to ensure the sustainability of the art form while also providing a livelihood opportunity to the trainer.

The program emphasized the preservation of cultural heritage by imparting artistic skills, allowing them to generate income through handicrafts and traditional artwork. By equipping participants with hands-on training in Madhubani painting techniques, the initiative aimed to enhance their employment prospects and encourage small-scale entrepreneurship.

Objective

- Provide women with hands-on training in Madhubani painting to support self-employment and financial independence.
- Preserve and promote traditional Indian art forms within local communities.
- Enable women to develop creative and entrepreneurial skills for future income-generation opportunities.
- Support traditional artists by providing them with teaching opportunities and recognition.

Activities

Through this program, Bhavishya - Sapno Ki Udaan empowered women with creative skills and contributed to the larger goal of cultural preservation and sustainable entrepreneurship. The initiative reaffirmed the organization's commitment to skill development and economic empowerment for marginalized women.

- Conducted week-long training sessions on Madhubani painting techniques, patterns and designs.
- Provided participants with essential painting materials, including handmade paper, natural dyes and brushes.
- Encouraged women to create their own Madhubani paintings, which could later be sold at exhibitions and handicraft fairs.
- Educated participants on how to commercialize their artwork through online platforms, local markets and self-help groups.
- Facilitated discussions on financial independence through art-based entrepreneurship.

Target Group

- Women from economically weaker sections in and around Gandhi Ashram Bhithiharwa who were interested in learning traditional art forms.
- Those looking for self-employment opportunities through skill-based vocational training.

Impact

- A total of 30 women participated in the training program and gained proficiency in Madhubani painting.
- Enabled women to explore new income avenues by selling their handcrafted artworks.
- Helped preserve and sustain the traditional art of Madhubani painting by passing it on to new learners.
- Strengthened women's self-confidence and independence by equipping them with a marketable skill.
- Provided employment opportunities to traditional artists, ensuring the continuity of the art form.

F. Connecting Women SHGs to International Buyers

Bhavishya - Sapno Ki Udaan took a significant step toward empowering women entrepreneurs by facilitating connections between Self-Help Groups (SHGs) and international buyers in Germany and Europe. Throughout the year, the organization worked towards expanding market opportunities for handcrafted products made by women, ensuring that their skills and efforts translated into economic growth. This initiative was spearheaded by the organization's founder, who, while living in Germany, played an important role in bridging the gap between SHGs and European markets. Bhavishya provided women artisans with access to a wider customer base by leveraging digital platforms, international exhibitions and networking events, allowing them to sell their products in international markets. This effort not only created new business opportunities for women but also helped in preserving and promoting traditional Indian handicrafts globally.

Objective

- Strengthen the economic empowerment of women by enabling direct market access to international buyers.
- Promote traditional Indian handicrafts, textiles and handmade products in global markets.
- Assist SHGs in developing sustainable business models by establishing connections with wholesale buyers and retailers in Germany and Europe.
- Support women in gaining fair prices for their products and increasing their financial independence.

Activities

Bhavishya - Sapno Ki Udaan empowered women to achieve economic independence and contributed to global recognition of Indian handicrafts through this initiative. The initiative proved to be a sustainable model for enhancing livelihoods by integrating local artisans into international commerce.

- Conducted virtual networking sessions to introduce SHGs to European buyers.
- Organized online sales campaigns and digital marketing support for SHG-made products.
- Arranged participation in international exhibitions and trade fairs held in Germany, where SHG members could showcase and sell their products.
- Provided training on international trade, pricing strategies and market trends to help women understand export processes.
- Assisted in branding, packaging and quality enhancement to meet global market standards.
- Facilitated online transactions and ensured logistics for product delivery across Europe.

Target Group

- Women entrepreneurs associated with Self-Help Groups, Artisans and Craftswomen engaged in traditional Indian handicrafts.
- Rural women seeking international exposure and business opportunities to expand their reach beyond local markets.

Impact

- 30 women successfully participated in the program and were able to market their handmade products in Europe.
- Increased the financial earnings of SHG members by enabling direct trade with international buyers.
- Helped in preserving traditional craftsmanship by promoting products such as Madhubani paintings, handwoven textiles and handcrafted jewelry.
- Enhanced the confidence of women entrepreneurs by equipping them with skills in export marketing and international trade.
- Strengthened India's presence in the global handicrafts market while ensuring fair compensation for women artisans.

G. Women Entrepreneurship Training in Frankfurt, Germany

Bhavishya - Sapno Ki Udaan participated in a comprehensive seminar in Frankfurt, Germany, aimed at empowering aspiring women entrepreneurs with the knowledge and resources needed to establish and grow their businesses and services in the European market. The event, held at City Hall in Frankfurt on 20 March, 2024, provided participants with valuable insights into the business and service ecosystem, regulatory frameworks, financial assistance programs and networking opportunities available for women entrepreneurs to deal with clients in Germany.

The seminar was organized to address the specific challenges faced by women, particularly those from migrant backgrounds, who seek to deal their services for Germany. It covered a range of essential topics, from business and service registration procedures to funding opportunities, taxation policies and digital marketing strategies. The event served as a platform for networking, allowing participants to connect with industry experts, business mentors and successful female entrepreneurs.

Objective

- Provide practical guidance on starting and managing business and service opportunities with clients in Germany.
- Educate women about the legal and regulatory requirements for business and services.
- Introduce participants to Government support schemes, grants and financial assistance programs available for women entrepreneurs.
- Enhance business and service acumen by covering essential aspects such as taxation, branding and digital marketing.
- Facilitate networking opportunities with successful entrepreneurs and industry professionals.

Activities

The seminar was participated as a significant milestone in Bhavishya - Sapno Ki Udaan's mission to promote women's economic independence and self-reliance. The initiative successfully empowered women to take the first step toward entrepreneurship to deal with clients in Germany by providing essential knowledge and networking opportunities to help them to turn their business and service ideas into reality.

- Introductory session on the business and service landscape and scope for Germany, including the key industries, opportunities and challenges for women entrepreneurs.
- Step-by-step guidance on company registration for business with clients in Germany, explaining the legal requirements, permits and documentation needed for dealing with business and service.
- Workshops on financial management and funding sources, with a focus on microfinance opportunities, Government schemes and investment pitching.

- Panel discussions with successful women entrepreneurs, sharing their experiences, challenges and strategies for growth.
- Networking sessions, enabling participants to connect with potential mentors, investors and business/service collaborators.
- Training on digital marketing, e-commerce and branding strategies, helping women entrepreneurs leverage online platforms to grow their businesses and services.

Target Group

- Women entrepreneurs from diverse backgrounds, including migrant women looking to establish businesses to provide services to clients in Germany.
- Women seeking knowledge about the German business and service environment and looking for mentorship and guidance.
- Aspiring business owners and service providers from various sectors, such as retail, services, food industry and e-commerce.

Impact

- More than 60 women from various backgrounds attended the seminar and received first-hand insights into starting and growing their businesses to provide services for clients in Germany.
- Increased awareness among participants about financial resources, business and service registration process and support networks available for women entrepreneurs.
- Strengthened connections between women entrepreneurs and industry leaders, mentors and funding agencies.
- Boosted confidence and motivation among women looking to step into entrepreneurship.
- Encouraged greater participation of women in the economic landscape for Germany through self-employment and business ownership.

4.3 Promotion of Artisans

Workshop for Traditional Art

Bhavishya - Sapno Ki Udaan actively promoted and supported India's rich artistic heritage through a series of workshops on traditional Indian art forms, both online and offline, throughout the year in Germany and India. The initiative aimed to create awareness and appreciation for Indian craftsmanship among international audiences while supporting traditional artisans by providing them with new platforms to showcase their skills.

These workshops were conducted in collaboration with the Indian Consulate in Germany and attracted a diverse group of participants, including children, adults and art enthusiasts. Bhavishya introduced Indian art to a global audience and empowered artisans by offering them financial support and professional opportunities through this program.

Objective

- Promote traditional Indian art forms and handicrafts on an international platform.
- Provide training and interactive learning experiences for people interested in Indian artistic traditions.
- Create economic opportunities for traditional artisans by connecting them with a wider audience.
- Strengthen cultural ties between India and Germany through artistic and creative exchanges.

Activities

Bhavishya - Sapno Ki Udaan has played an important role in preserving India's artistic legacy and providing sustainable livelihood opportunities for artisans by promoting traditional art forms network opportunities globally. The initiative was a chain to link the tradition and modernity by introducing Indian heritage to new audiences while ensuring economic benefits for the artists who dedicate their lives to keeping these traditions alive.

- Online and offline workshops conducted throughout the year, introducing participants to various Indian art forms such as Madhubani painting, Warli art, Pattachitra and block printing.
- Live demonstrations by skilled artisans, showcasing the intricate techniques of traditional Indian art.
- Hands-on training sessions, where participants learned to create their own artwork under the guidance of experienced artists.
- Exhibitions and cultural events, allowing artisans to display and sell their handcrafted artworks.
- Collaborations with the Indian Consulate in Germany, which provided a platform for cultural exchange and helped enhance the reach of the initiative.
- Educational sessions on the history and significance of Indian art, helping international participants understand the cultural and historical importance of various artistic traditions.

Target Group

- Art enthusiasts, students and professionals in Germany interested in Indian culture.
- Children and adults eager to learn traditional art techniques.
- Indian artisans looking to expand their market reach and gain international recognition.
- Cultural organizations, schools and institutions promoting cross-cultural exchange.

Impact

- More than 300 children and adults participated in these workshops, gaining hands-on experience in Indian traditional art forms.
- Increased awareness and appreciation of Indian heritage and craftsmanship among international audiences.

- Financial support provided to traditional artists who were paid to conduct the training sessions.
- Strengthened Indo-German cultural relations through artistic collaborations and exhibitions.
- Expansion of the market for Indian artisans, helping them find new buyers and opportunities abroad.

4.4 Health

Access to quality healthcare is essential for the well-being of marginalized communities, especially in urban slums where people often struggle with inadequate medical facilities and awareness. Keeping this in mind Bhavishya - Sapno Ki Udaan teams conducted multiple free health camps to address the medical and nutritional needs of underprivileged individuals, ensuring they received essential health check-ups, preventive care and health education. These camps aimed to provide accessible healthcare services and create awareness about personal hygiene, disease prevention and nutritional well-being. Two major health camps were organized in different parts of Delhi during the year, benefiting over 500 people.

Objective

- Provide free medical consultations and basic healthcare services to underprivileged individuals.
- Create awareness about personal hygiene, nutrition and preventive healthcare.
- Offer screenings for common illnesses such as diabetes, hypertension and malnutrition.
- Distribute essential medicines and nutritional supplements to those in need.

Activities

Bhavishya - Sapno Ki Udaan ensures by organizing free health camps, that vulnerable populations receive essential medical care and education on maintaining a healthy lifestyle.

Health Camp at Saray Chaupal, Near Adarsh Nagar Metro Station, New Delhi

A free community health camp was organized on 23 October, 2023, at Saray Chaupal, a locality near Adarsh Nagar Metro Station in New Delhi. The camp provided medical consultations, free medicines and nutrition guidance to over 250 beneficiaries, primarily consisting of daily wage workers, elderly individuals, women and children.

- General medical check-ups were conducted, focusing on common ailments such as fever, cough, respiratory infections and skin diseases.
- Blood pressure and diabetes screenings were performed to detect early signs of chronic diseases.
- Nutritional assessments and counseling were provided to ensure awareness of balanced diets and healthy eating habits.

- Distribution of essential medicines and nutraceutical products, which were donated by local pharmacies and medical stores.
- Basic hygiene awareness sessions were held to educate people on the importance of handwashing, sanitation and preventive healthcare.

Health Camp at Chatariwal Park, Gujarati Colony, Jahangirpuri, Azadpur and Adarsh Nagar, Delhi

Another free health camp was organized on 26 February, 2024, at Chatariwal Park, located in Gujarati Colony, Jahangirpuri and covered nearby areas including Azadpur and Adarsh Nagar. This camp was focused on providing preventive healthcare services and addressing malnutrition and common illnesses among vulnerable populations. More than 250 individuals benefited from this initiative.

- Doctors and healthcare volunteers provided free consultations, diagnosing and treating minor illnesses and chronic conditions.
- Special health awareness sessions were conducted for women and children, emphasizing maternal and child health, anemia prevention and hygiene practices.
- Blood pressure and sugar level monitoring were offered to detect early signs of hypertension and diabetes.
- Distribution of free medicines and dietary supplements was carried out, with medical supplies donated by local pharmacies.
- Vitamin and iron supplement distribution targeted at undernourished women and children to address nutritional deficiencies.

Target Group

- Residents of underprivileged communities in North Delhi.
- Daily wage workers, elderly individuals, women and children.
- Individuals suffering from undiagnosed or untreated health conditions due to lack of access to medical care.

Impact

- More than 500 people received free healthcare services through the health camps.
- Early diagnosis of common health conditions, enabling timely medical intervention.
- Increased awareness of nutrition, hygiene and disease prevention among beneficiaries.
- Essential medicines, vitamins and health supplements were distributed to improve general well-being.
- Community engagement in preventive healthcare practices, leading to a healthier living environment.

4.5 Environmental Conservation

Environmental conservation has been an integral part of Bhavishya - Sapno Ki Udaan's initiatives, focusing on sustainable practices, community awareness and active participation in protecting natural resources. The organization worked throughout the year towards promoting environmental responsibility through awareness campaigns, plantation drives and skill-based workshops. The emphasis was on educating communities about waste management, climate action and sustainable living practices. Special attention was given to engaging women and youth in practical environmental activities, ensuring long-term impact and behavioral change.

One of the key highlights of the year was the focus on responsible consumption and climate resilience, aligning with global sustainability goals. Bhavishya - Sapno Ki Udaan successfully brought together diverse groups of people to participate in meaningful conservation efforts by organizing community-driven programs in both India and Germany.

A. Environmental Conservation Awareness Campaign

On April 16, 2023, Bhavishya - Sapno Ki Udaan organized a community workshop on environmental conservation in Jahangirpuri, Delhi and Frankfurt, Germany. The campaign aimed to educate individuals on the importance of sustainability and responsible consumption.

Women from local communities participated in hands-on training sessions focused on waste management and upcycling techniques. The session also highlighted ways to reduce carbon footprints and protect natural resources through practical lifestyle changes.

One of the key aspects of the workshop was the training on upcycling waste materials into useful products. Community women were taught how to create rugs from discarded fabric scraps, helping them develop a new skill while contributing to waste reduction. This initiative also aligned with the Sustainable Development Goals (SDG 2030), focusing on responsible consumption and production.

Founder Sundaram Kumari was invited as a guest speaker at Frankfurt University of Finance and Management, where she addressed a seminar on responsible consumption and sustainable living practices. She shared insights on how communities can collectively work towards a greener planet and the role of women in driving environmental change.

Around 75 women from the Jahangirpuri community attended the workshop and directly benefited from upcycling training and waste management education. Additionally, 150 participants at Frankfurt University gained awareness about sustainability and responsible consumption. The campaign contributed to strengthening community participation in waste reduction initiatives and fostering a culture of sustainability.

B. Community Plantation Drive

To actively involve the community in afforestation efforts, Bhavishya - Sapno Ki Udaan conducted a plantation drive from 17 to 25 September 2023, at DDA Park in Jahangirpuri, New Delhi. The initiative aimed to restore greenery in urban spaces, improve air quality and encourage people to take responsibility for the environment.

Community members, volunteers and local residents participated in planting native trees and shrubs in public spaces and along roadsides. Awareness sessions were also conducted to highlight the importance of trees in combating climate change and preserving biodiversity.

Participants were encouraged to take ownership of the trees they planted, ensuring their long-term care and growth.

This plantation drive played an important role in enhancing urban greenery and engaging the local population in environmental conservation. The initiative helped create a deeper understanding of climate preservation and ecological sustainability By involving individuals in hands-on activities. The success of this program reinforced the need for continued afforestation efforts in the coming years.

The environmental conservation programs undertaken by Bhavishya - Sapno Ki Udaan have contributed significantly to raising awareness and promoting sustainable practices within communities. The workshops on waste management, responsible consumption and afforestation initiatives have empowered individuals with the knowledge and skills to make environmentally conscious decisions. The organization remains committed to expanding its efforts in the future, integrating more innovative approaches to environmental conservation and engaging a larger audience in climate action.

4.6 Welfare of Old Aged Persons

Bhavishya - Sapno Ki Udaan has been actively working to improve the well-being of senior citizens, particularly those from marginalized and underserved communities. The organization recognizes the challenges faced by elderly individuals, including limited access to healthcare, social isolation and a lack of community support systems. Through various initiatives, Bhavishya - Sapno Ki Udaan has provided health check-ups, wellness programs and engagement activities to ensure that elderly citizens lead healthier and more dignified lives.

The programs implemented during the year focused on physical health, mental well-being and social interaction, aiming to reduce loneliness and enhance the overall quality of life for senior citizens. By collaborating with healthcare professionals and community groups, Bhavishya - Sapno Ki Udaan has extended necessary support to elderly individuals who require medical attention, guidance and companionship.

A. Elderly Health and Wellness Day

To improve the physical and mental well-being of elderly individuals, Bhavishya - Sapno Ki Udaan organized the Elderly Health and Wellness Day at the Community Centre in Jahangirpuri, New Delhi, on the nineteenth of January, two thousand twenty-four.

Objective

To improve the physical and mental well-being of elderly people by providing them with essential healthcare services, fitness programs and wellness sessions.

Activities

- Free health check-ups conducted by professional doctors, including screenings for diabetes, hypertension and arthritis.
- Fitness and mobility sessions focused on light exercises, yoga and relaxation techniques to improve physical health.

- Mental wellness workshops covering stress management, emotional well-being and techniques to improve cognitive function.
- Collaboration with healthcare providers to offer personalized health recommendations and follow-up care.

Target Group

- Elderly individuals aged sixty and above, particularly those from economically weaker sections with limited access to healthcare.

Impact

- More than three hundred senior citizens received free medical check-ups and wellness guidance.
- Increased awareness about preventive healthcare and lifestyle management among elderly individuals.
- Improved mobility and physical health through fitness and yoga sessions.
- Enhanced mental well-being and reduced stress levels among senior citizens.

B. Senior Citizens' Health Screening and Awareness Campaign

Bhavishya - Sapno Ki Udaan conducted a Senior Citizens' Health Screening and Awareness Campaign at Chatriwala Park in Jahangirpuri, New Delhi, on the twenty-fifth of December, two thousand twenty-three, to provide free medical screenings and promote preventive healthcare awareness among elderly individuals.

Objective

- To provide free medical screenings and health awareness sessions for elderly citizens, ensuring early detection of common health issues and promoting preventive care.

Activities

- Free screenings for common health conditions, including blood pressure, diabetes, cholesterol levels and general medical assessments.
- Awareness sessions on elderly health care, nutrition and lifestyle changes for maintaining good health.
- Distribution of twenty hearing aids to senior citizens with hearing impairments, in collaboration with Kimhans Foundation.
- Free eye check-ups conducted for elderly individuals, followed by the distribution of twenty pairs of spectacles.

Target Group

- Senior citizens, particularly those with limited access to healthcare services.

Impact

- More than five hundred elderly individuals benefited from free health screenings and medical assistance.
- Increased awareness about health management, leading to better self-care practices among senior citizens.
- Improved hearing and vision capabilities for elderly individuals through the distribution of assistive devices.
- Strengthened support network for senior citizens requiring continued healthcare assistance.

C. Senior Citizens' Community Support and Engagement

To foster social inclusion and reduce loneliness among elderly individuals, Bhavishya - Sapno Ki Udaan launched the Senior Citizens' Community Support and Engagement initiative at the Community Centre in Jahangirpuri, New Delhi, on the eleventh of January, two thousand twenty-four.

Objective

- To reduce social isolation among senior citizens by fostering community engagement and providing emotional and social support.

Activities

The initiatives under the welfare of old aged persons for the year 2023-24 successfully addressed key health and social challenges faced by senior citizens. By providing essential medical assistance, mental health support and community engagement opportunities, Bhavishya - Sapno Ki Udaan has made a meaningful difference in the lives of elderly individuals. Moving forward, the organization aims to expand these initiatives further to ensure that senior citizens continue to receive the care, respect and support they deserve.

- Organizing social events and gatherings to encourage interaction and engagement among elderly individuals.
- Establishing support groups to provide companionship and emotional assistance for senior citizens.
- Conducting recreational activities such as storytelling sessions, games and group discussions to improve mental well-being.
- Volunteer programs where younger community members assist elderly individuals with daily activities and companionship.

Target Group:

- Senior citizens who experience loneliness, social isolation or lack of community support.

Impact:

- More than one hundred elderly individuals actively participated in social gatherings and community support initiatives.
- Reduced loneliness and improved mental health among senior citizens through meaningful interactions.
- Strengthened intergenerational bonding between elderly individuals and community volunteers.
- Increased social participation and engagement opportunities for senior citizens.

4.7 Natural Resource Management

Bhavishya - Sapno Ki Udaan has undertaken key initiatives to support sustainable agricultural practices and financial literacy among farmers. Recognizing the vital role that farmers play in ensuring food security and rural economic stability, the organization has focused on empowering them through educational workshops, financial access programs and awareness campaigns.

Many farmers in rural India struggle with limited access to credit, lack of awareness about Government schemes and insufficient knowledge of sustainable farming techniques. To address these challenges, Bhavishya - Sapno Ki Udaan organized training sessions aimed at equipping farmers with the necessary skills and resources to enhance their productivity, adopt environmentally friendly practices and secure financial independence.

A. Farmers' Rights and Welfare Workshop

On the 26 October, 2023, Bhavishya - Sapno Ki Udaan organized a Farmers' Rights and Welfare Workshop at Bhavishya Training Centre in Lakhanipur, Pahar Pur, East Champaran, Bihar. The objective of this initiative was to educate farmers about various Government schemes, financial support options and best practices in sustainable agriculture.

Objective

- To create awareness about Government schemes available to farmers, including access to agricultural loans and financial support.
- To aware and train farmers in sustainable farming techniques, water conservation and organic farming methods.

Activities

- Information sessions on Government subsidies, loans and financial assistance programs available to farmers.
- Awareness and Training on sustainable agriculture techniques, including organic farming, water resource management and soil conservation.

- Guidance on crop diversification to increase productivity and ensure long-term sustainability.
- Networking opportunities for farmers to connect with agricultural officers and rural development experts.

Target Group

- Farmers in rural Bihar, particularly small-scale and marginal farmers seeking financial support and agricultural guidance.

Impact

- Around 250 farmers attended the seminar and gained insights into Government schemes and financial resources.
- Increased awareness about sustainable farming techniques, leading to environmentally responsible agricultural practices.
- Improved knowledge on water conservation strategies, enabling farmers to optimize irrigation and protect natural resources.
- Strengthened farmer networks, allowing better collaboration and knowledge sharing among agricultural communities.

B. Farmers' Financial Literacy and Credit Access

Between the 6 and 8 of October, 2023, Bhavishya - Sapno Ki Udaan conducted a Farmers' Financial Literacy and Credit Access Training at Bhavishya Training Centre in Lakhnipur, Pahar Pur, East Champaran, Bihar. This three-day training program aimed to enhance farmers' understanding of financial management and improve their access to credit and insurance services.

Objective

- To provide financial education to farmers, enabling them to manage their resources effectively and plan for future investments.
- To facilitate connections between farmers and microfinance institutions, ensuring access to agricultural loans and insurance schemes.

Activities

- Workshops on financial literacy, including budgeting, savings and investment planning for rural farmers.
- Training on applying for agricultural loans, understanding interest rates and managing repayments.
- Collaboration with microfinance institutions and rural banks to provide information on available credit options.

- Awareness sessions on crop insurance and risk management to protect farmers against unpredictable agricultural losses.

Target Group

- Small and marginal farmers seeking financial literacy training and access to microloans for agricultural growth.

Impact

- Farmers gained practical knowledge on managing their finances, reducing debt burdens and planning for future agricultural investments.
- 18 farmers successfully connected with microfinance institutions and secured access to small business loans.
- Increased understanding of crop insurance, helping farmers mitigate risks associated with climate change and crop failures.
- Strengthened financial independence among rural farming communities, leading to greater economic stability.

5. Partnerships and Collaborations

Bhavishya - Sapno Ki Udaan firmly believes in the power of partnerships and collaborations to create a broader impact in society. The organization has built strong alliances with various stakeholders, including Government agencies, corporate sponsors, international organizations, social enterprises and grassroots community groups. These collaborations have significantly enhanced the reach, effectiveness and sustainability of its initiatives.

By working together with like-minded institutions, Bhavishya - Sapno Ki Udaan has been able to expand its educational programs, strengthen women's empowerment projects, promote healthcare accessibility, support artisans and provide better financial literacy for farmers. These partnerships have not only contributed funding and material support but have also enabled knowledge-sharing, technological advancements and innovative solutions to social challenges.

Key Collaborative Efforts in 2023-24

1. Education and STEM Initiatives

- Corporate and institutional support helped in providing mentorship, resources and digital infrastructure for STEM education.
- Women STEM professionals from Germany volunteered as mentors in the STEM Mentorship Program for Girls, offering career guidance and skill-building workshops.

2. Women Empowerment and Skill Development

- The Bhavishya Skill Centre in Bihar continued with the support of donors from Delhi who contributed sewing machines for vocational training programs.

- Microfinance institutions and banks partnered with Bhavishya - Sapno Ki Udaan to provide financial assistance to women entrepreneurs, helping them start and expand their businesses.

- Local women's business networks in Frankfurt collaborated to facilitate digital skills training and help migrant women set up online businesses.

3. Health and Sanitation Programs

- Medical professionals and local hospitals played a vital role in conducting free health check-ups, medical consultations and awareness programs.

- Local pharmacies and healthcare stores donated medicines and nutritional supplements for free distribution at health camps in Jahangirpuri and Adarsh Nagar.

- In collaboration with Kimhans Foundation, hearing aids and spectacles were distributed to senior citizens as part of the Senior Citizens' Health Screening and Awareness Campaign.

4. Cultural and Artisan Promotion

- The Indian Consulate in Germany partnered with Bhavishya - Sapno Ki Udaan to organize traditional art workshops and exhibitions, promoting Indian artisans and their crafts.

- The organization facilitated connections between women-led self-help groups and European buyers, enabling artisans to access international markets.

5. Environmental and Agricultural Initiatives

- Municipal authorities and local volunteers participated in community plantation drives in Delhi, encouraging environmental conservation.

- Government agricultural departments collaborated to provide training on sustainable farming, water conservation techniques and access to agricultural loans.

6. Support for Elderly Welfare Programs

- Grassroots organizations and community groups assisted in organizing wellness programs, social engagement activities and mental health support sessions for senior citizens.

Impact of Partnerships

- Strengthened program implementation through financial and material support.
- Expanded outreach to marginalized communities across multiple states and internationally.
- Enhanced technical and vocational training with expert mentorship and skill-based workshops.
- Improved healthcare accessibility by ensuring free screenings, medical donations and professional healthcare services.
- Created new opportunities for artisans and women entrepreneurs by connecting them to global markets.

- Increased community participation and engagement in various environmental, health and educational initiatives.

Future Collaboration Goals

Bhavishya - Sapno Ki Udaan aims to deepen its partnerships by engaging with more corporate sponsors, Government bodies and international organizations. The organization plans to strengthen its network of donors, educational institutions and healthcare providers to ensure sustainable growth and long-term impact. Future collaborations will focus on scaling digital education, expanding microfinance access for women, enhancing healthcare services and increasing artisan market linkages globally.

With strong partnerships in place, Bhavishya - Sapno Ki Udaan will continue to make meaningful strides in transforming lives and empowering communities.

6. Challenges and Lessons Learned

Bhavishya - Sapno Ki Udaan has made significant strides in its mission to empower marginalized communities through education, women’s empowerment, healthcare, artisan promotion and environmental conservation. However, as with any large-scale social initiative, challenges were encountered along the way. By reflecting on these challenges and the lessons learned, the organization has strengthened its strategies to ensure the effective delivery of programs in the future.

Challenges Faced

1. Limited Access to Digital Infrastructure for STEM Education

- In rural areas, especially in Bihar, access to computers and the internet was a significant barrier to implementing digital learning programs.
- Many students lacked basic computer literacy, requiring additional efforts to provide foundational training before moving to advanced STEM subjects.

2. Financial Constraints for Women Entrepreneurs

- While microfinance and self-help groups were promoted, many women faced difficulties in obtaining adequate funding due to limited banking access or lack of financial documentation.
- High-interest rates on loans from informal lenders remained a challenge for women who were unable to access formal banking services.

3. Social and Cultural Barriers to Women’s Participation

- Some women were unable to attend vocational training or entrepreneurship programs due to family restrictions, household responsibilities or societal norms.

- Awareness campaigns were necessary to educate families about the long-term benefits of women's financial independence and entrepreneurship.
4. **Healthcare Accessibility for Senior Citizens**
 - Many elderly individuals faced mobility issues, making it difficult for them to attend health camps.
 - The availability of specialized geriatric healthcare professionals was limited, affecting the scope of medical services provided.
 5. **Limited Market Linkages for Artisans**
 - While artisans were connected with international buyers, logistical challenges such as high shipping costs and complex export regulations made it difficult for them to scale their businesses.
 - Traditional crafts required additional promotion to attract buyers, both domestically and internationally.
 6. **Environmental Conservation Challenges**
 - Community participation in plantation drives and waste management initiatives was lower than expected due to a lack of awareness and motivation.
 - Sustainable waste management practices such as recycling and composting were not widely adopted, requiring continuous awareness efforts.
 7. **Coordination and Resource Mobilization**
 - Managing multiple projects across different locations, including India and Germany, required efficient coordination and resource allocation.
 - Ensuring the timely distribution of donated materials, such as sewing machines, medicines and study materials, was a logistical challenge.

Lessons Learned

1. **Strengthening Digital Learning Infrastructure**
 - Partnerships with local schools, Government agencies and private donors have helped in setting up digital learning labs and increasing access to STEM education.
 - Providing introductory digital literacy programs before advanced STEM training has proven to be a more effective approach.
2. **Enhancing Financial Support for Women Entrepreneurs**
 - Collaborating with microfinance institutions and Government schemes has improved access to formal credit for women-led businesses.
 - Training women in financial literacy and helping them maintain proper documentation has increased their chances of securing loans.
3. **Increasing Community Engagement in Women's Empowerment Programs**
 - Conducting awareness sessions for families and community leaders has resulted in higher participation of women in vocational training and entrepreneurship programs.

- Flexible training schedules and community-based learning centers have made it easier for women to attend skill development programs.
4. **Improving Healthcare Accessibility for Senior Citizens**
 - Mobile healthcare services and home-based consultations have been explored to reach elderly individuals with mobility challenges.
 - Collaborations with hospitals and healthcare providers have strengthened the availability of geriatric care services at health camps.
 5. **Expanding Market Access for Artisans**
 - Increasing the use of digital platforms and online marketplaces has helped artisans connect with a wider audience.
 - Establishing direct partnerships with international buyers has reduced dependency on intermediaries, allowing artisans to earn higher profits.
 6. **Boosting Community Involvement in Environmental Conservation**
 - More interactive and incentive-based campaigns, such as tree adoption programs and community clean-up drives, have encouraged greater participation.
 - Schools and youth groups have been involved in environmental awareness programs to instill sustainable practices from an early age.
 7. **Enhancing Operational Efficiency**
 - Strengthening internal monitoring and evaluation systems has helped in tracking progress and ensuring the timely implementation of projects.
 - Developing stronger logistics and distribution networks has improved the delivery of essential resources to beneficiaries.

Moving Forward

Bhavishya - Sapno Ki Udaan has taken these lessons into account to refine its approach in future initiatives. Strengthening community involvement, expanding partnerships and leveraging digital tools will continue to be key focus areas. The organization remains committed to overcoming challenges and enhancing the impact of its programs to empower communities in a sustainable manner.

7. Future Vision and Strategic Direction

Bhavishya - Sapno Ki Udaan remains steadfast in its commitment to empowering marginalized communities and fostering sustainable development. As the organization moves forward, its strategic focus will be on expanding existing programs, strengthening partnerships, leveraging technology for greater impact and ensuring long-term sustainability. The key areas of future growth and expansion are aligned with the evolving needs of the communities it serves.

Expanding Education and Digital Learning Initiatives

1. Scaling STEM Education Programs

- Increase the reach of the STEM Mentorship Program by incorporating more schools, particularly in rural areas of Bihar and underserved communities in Delhi.
 - Establish additional STEM Learning Labs with digital libraries and hands-on training for students to bridge the digital divide.
 - Collaborate with more international mentors to provide global exposure and career guidance to students.
- 2. Promoting Digital Literacy for Girls**
- Launch a structured digital literacy program to equip girls with essential computer skills and online safety awareness.
 - Develop partnerships with technology firms to offer free or subsidized digital courses.
- 3. Enhancing Vocational and Entrepreneurial Training**
- Expand skill development programs in new regions to reach more women and youth, helping them secure sustainable livelihoods.
 - Introduce advanced vocational courses in high-demand sectors such as e-commerce, fashion technology and digital marketing.
 - Strengthen micro-entrepreneurship training with a focus on financial management and business scalability.

Strengthening Women’s Empowerment and Economic Independence

4. Scaling Women’s Self-Help Groups (SHGs)

- Expand the self-help group model to provide women with better access to financial resources, training and market linkages.
- Facilitate more SHG-led enterprises, including cooperative-based production models, ensuring financial sustainability.

5. Enhancing Financial Access for Women Entrepreneurs

- Strengthen partnerships with banks and microfinance institutions to facilitate easier access to low-interest credit for women entrepreneurs.
- Provide continuous training on financial literacy, business planning and e-commerce to help women establish profitable ventures.

6. Expanding International Market Access for Artisans

- Increase participation in international exhibitions and trade fairs to showcase handcrafted products.
- Establish an online platform where artisans can sell their products directly to global customers, reducing dependency on middlemen.
- Strengthen collaborations with ethical fashion brands and sustainable craft organizations to promote Indian traditional arts globally.

Advancing Healthcare and Elderly Welfare Programs

7. Mobile Healthcare and Telemedicine for Senior Citizens

- Develop a mobile healthcare initiative to provide doorstep medical assistance and screenings for elderly individuals.
- Explore telemedicine options to connect senior citizens with specialized doctors and healthcare providers remotely.
- Increase collaboration with local hospitals and medical practitioners to ensure ongoing medical support for the elderly.

8. Expanding Health Awareness and Wellness Programs

- Introduce structured wellness programs for women, focusing on nutrition, reproductive health and mental well-being.
- Organize preventive healthcare camps in more remote areas, ensuring wider accessibility to essential medical services.

Environmental Sustainability and Climate Action

9. Scaling Up Environmental Conservation Efforts

- Expand community-driven tree plantation drives with a focus on urban reforestation.
- Develop structured environmental education programs for schools and community groups, emphasizing waste management and sustainability.

10. Sustainable Waste Management Initiatives

- Implement large-scale waste recycling projects in collaboration with municipal bodies and environmental organizations.
- Train communities in upcycling and sustainable production techniques to reduce environmental impact.

Strengthening Organizational Capacity and Impact

11. Enhancing Monitoring and Impact Assessment

- Implement advanced data collection and evaluation mechanisms to track the progress and impact of initiatives.
- Develop real-time feedback systems to improve program effectiveness and adapt to community needs.

12. Increasing Volunteer and Stakeholder Engagement

- Establish a structured volunteer program to involve more professionals, students and community members in social initiatives.
- Strengthen corporate partnerships under CSR initiatives to ensure sustainable funding and resource mobilization.

13. Leveraging Technology for Greater Impact

- Introduce mobile apps and digital platforms for education, financial literacy and healthcare access.

- Utilize social media and digital storytelling to increase awareness and engagement with a wider audience.

Long-Term Vision

Bhavishya - Sapno Ki Udaan envisions a future where every marginalized individual, especially women and youth, has access to quality education, economic opportunities and healthcare. By expanding its footprint and deepening its impact, the organization aims to create a self-sustaining ecosystem of empowered communities. The strategic direction for the upcoming years focuses on **scalability, sustainability and social inclusion**, ensuring that its programs continue to transform lives at a larger scale.

With an unwavering commitment to its mission, Bhavishya - Sapno Ki Udaan will continue to evolve, innovate and collaborate to build a more inclusive and equitable society for all.

8. Acknowledgements

Bhavishya - Sapno Ki Udaan expresses its deepest gratitude to all the individuals, organizations and partners who have contributed to the success of our initiatives during the year 2023-24. The impact we have created would not have been possible without the collective support, dedication and generosity of our stakeholders.

Support from Donors and Funding Partners

We extend our heartfelt appreciation to the generous donors and funding partners who have provided financial and in-kind support. Their contributions have enabled us to implement transformative programs in education, women's empowerment, health, environmental conservation and senior citizen welfare. Special thanks to individuals and organizations who donated tailoring machines, educational resources, medicines and financial aid, ensuring the seamless execution of our projects.

Collaboration with Government and Institutional Partners

We acknowledge the support of Government agencies, educational institutions and public sector organizations that have collaborated with us in delivering impactful community development programs. Their guidance and facilitation have played an important role in reaching the most marginalized sections of society.

Community Volunteers and Field Teams

A special note of appreciation goes to our dedicated volunteers, trainers and field teams, whose relentless efforts have driven the successful execution of our initiatives. Their hands-on engagement in workshops, awareness campaigns, mentorship programs and social outreach activities has positively impacted thousands of lives.

Educators, Mentors and Experts

We extend our gratitude to the educators, professionals and industry experts who have played a pivotal role in mentoring young girls in STEM, training women in digital skills and guiding entrepreneurs in financial literacy. Their knowledge-sharing has been instrumental in empowering communities with the right skills and guidance for a better future.

Healthcare Professionals and Medical Supporters

We acknowledge the contributions of doctors, health practitioners and wellness coaches who have supported our health camps and wellness programs for women and senior citizens. Their voluntary service has ensured timely medical assistance and preventive healthcare awareness among underserved populations.

Partner NGOs and Community-Based Organizations

We are thankful to our collaborating Non-Profit Organizations and grassroots-level partners who have joined hands with us in mobilizing communities, implementing programs and expanding our reach to remote areas. Their cooperation has helped us enhance the scale and effectiveness of our interventions.

International Collaborations and Supporters

We sincerely appreciate the support of international partners, including organizations and individuals in Germany and Europe, who have facilitated our global outreach initiatives. Their role in connecting artisans with international markets, supporting women entrepreneurs and providing mentorship for STEM education has been invaluable.

The Communities We Serve

Above all, we express our deepest gratitude to the communities we work with students, women entrepreneurs, farmers, senior citizens and artisans who have shown immense resilience, enthusiasm and determination. Their willingness to learn, grow and transform their lives has been our greatest inspiration.

Moving Forward

As we reflect on the achievements of 2023-24, we acknowledge that our journey is a collective effort driven by the spirit of service and compassion. With continued collaboration and support from all stakeholders, Bhavishya - Sapno Ki Udaan is committed to reaching greater heights and creating an even more meaningful impact in the years to come.

Thank you to everyone who has been a part of this journey. Together, we are making a difference!

9. Appendices

The documents are attached:

1. Profile and Trust Deed

2. PAN Card
3. Income Tax Returns of the Last 3 Years
4. Audit Reports of the Last 3 Years
5. NGO Darpan Unique ID
6. PAN Card Attached
7. 80 G Registration
8. 12 A Registration
9. CSR1 Registration